

The Enfield Walker 2021

(Newsheet of the Walking Section of Enfield & Haringey AC)

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who apologises for any errors and who welcomes contributions and comments for future issues

Latest League news at <http://enfieldleague.weebly.com>

July VERWL Race 8



2021 VERWL Fixture 8 Result – 3rd/4th July

10km men

1 Dave Walsh	(Enfield H AC)	48.09	M60
2 George Wilkinson	(Enfield H AC)	48.37	U20
3 Mark Williams	(Birchfield H)	53.12	M55
4 Ian Tolchard	(S/West Vets)	55.09	M50
5 Dave Annetts	(N.Herts RR)	59.22	M55
6 Chris Hobbs	(Ashford AC)	63.40	M65
7 David Kates ©	(Ilford AC)	63.54	M70
8 Keith Vallis	(Overton H)	66.27	M55
9 Stuart Bennett ©	(Ilford AC)	67.22	M60
10 John Ralph	(Enfield H AC)	67.40	M60
11 Simon Morgan	(Ilford AC)	68.56	M50
12 Marco Bernatzki	(LA Herten/Germany)	69.11	M50
13 Paul Gaston	(Surrey WC)	69.32	M70
14 Brian Adams ©	(Leicester WC)	77.25	M70

8km

1 Fransico Reis	(Surrey WC)	45.00	M60
2 John Borgars ©	(Loughton AC)	56.00	M75
3 Malcolm Marrtin	(Surrey WC)	56.01	M65
4 Steve Kemp ©	(Eastern MAC)	60.00	M60

5km

1 Ron Penfold	(Steyning AC)	34.58	M75
2 Tony Bell	(Lancs WC)	35.21	M55
3 Shaun Lightman	(Surrey WC)	35.26	M75
4 Steve Uttley	(Ilford AC)	35.45	M60
5 Malcolm Blackwood	(Trent Park)	36.59	M70
6 Andy Tweed	(Enfield HAC)	37.14	M70

10km women

1 Millie Morris	(Ashford AC)	54.29	U20
2 Jaqueline Benson	(Ashford AC)	57.59	U23
3 Dianne Bradley	(Tonbridge AC)	63.02	W55
4 Cath Duhig ©	(CA Millennium, Spain)	65.45	W65
5 Helen Middleton	(Enfield HAC)	66.12	W55
6 Fiona Bishop	(Enfield HAC)	69.56	W60

8km women

1 Angela Martin	(Surrey WC)	60.31	W55
2 Diana Braverman	(Enfield HAC)	63.18	W65
3 Karen Williams	(Birchfield H)	63.20	W65

5km

1 Sarah Sowerby	(unattached)	33.50	W55
2 Rachel Harding	(Ashford AC)	34.43	U20
3 Tracey Wilkinson	(unattached)	41.12	W55

Men's 5km continued

7 Mick Graham	(Belgrave H)	39.11	M70
8 Tony Cotton	(BRJ R & T)	39.34	M80
9 Tony Wilkinson	(unattached)	40.00	M55
10 Terry Braverman	(Enfield HAC)	43.41	M75
11 Bill Sutherland ©	(Highgate H)	45.10	M75
12 Tony Perkins	(Ilford AC)	46.06	M70