

2021 Virtual ERWL

Thank you for supporting the VERWL. Entries down a little, but improved performances continue to be made.

VERWL Next Fixture: *Hopefully the last before the League goes REAL*

11th/12th June

Distance choice: **5km, 8km or 10km**

Performance to be registered **by Midnight on 12th June to r.emsley@btopenworld.com**

Name, age category, club and Centurion number if applicable

Race 6 Result - 22nd/23rd May **10km men**

| | | | | |
|----|------------------|---------------------|-------|-----|
| 1 | George Wilkinson | (Enfield H AC) | 45.50 | U20 |
| 2 | David Annetts | (North Herts R) | 49.48 | M55 |
| 3 | Jonathan Hobbs | (Ashford AC) | 54.01 | SM |
| 4 | David Kemp | (Arena 80) | 55.53 | M60 |
| 5 | Mark Williams | (Birchfield H) | 56.11 | M55 |
| 6 | David Walsh | (Enfield HAC) | 60.25 | M60 |
| 7 | Steve Evans | (Jo'burg Canoe C) | 62.26 | M60 |
| 8 | Chris Hobbs | (Ashford AC) | 62.50 | M65 |
| 9 | David Kates © | (Ilford AC) | 64.56 | M70 |
| 10 | John Ralph | (Enfield HAC) | 67.07 | M60 |
| 11 | Keith Vallis | (Overton H) | 67.13 | M55 |
| 12 | Simon Morgan | (Ilford AC) | 69.25 | M50 |
| 13 | John Borgars © | (Loughton C) | 70.36 | M75 |
| 14 | Paul Gaston | (Surrey WC) | 71.10 | M70 |
| 15 | Marco Bernatzki | (LA Herten/Germany) | 71.36 | M50 |
| 16 | Brian Adams © | (Leicester WC) | 77.53 | M70 |
| 17 | Chris Flint © | (Surrey WC) | 90.12 | M75 |

8km

| | | | | |
|---|-------------------|---------------|-------|-----|
| 1 | Malcolm Martin | (Surrey WC) | 49.17 | M65 |
| 2 | Malcolm Blackwood | (Trent Park) | 60.15 | M70 |
| 3 | Brian Milsom | (unattached) | 61.18 | M75 |
| 4 | Steve Kemp © | (Eastern MAC) | 62.49 | M60 |
| 5 | Bill Sutherland © | (Highgate H) | 72.35 | M75 |
| 6 | Terry Braverman | (Enfield HAC) | 74.38 | M75 |

5km men

| | | | | |
|----|-----------------|-------------------|-------|-----|
| 1 | Tony Bell | (Lancs WC) | 32.50 | M55 |
| 2 | Greg Smith | (Lancs WC) | 33.45 | M65 |
| 3 | Glyn Jones | (Coventry Godiva) | 34.25 | M75 |
| 4 | Tom Casserley | (Enfield HAC) | 35.45 | M80 |
| 5 | Ron Penfold | (Steyning AC) | 36.25 | M80 |
| 6 | Tony Wilkinson | (unattached) | 37.27 | M55 |
| 7 | Mick Graham | (Belgrave H) | 41.57 | M70 |
| 8 | Tony Cotton | (BRJ Run&Tr) | 39.06 | M80 |
| 9 | Ed Shillabeer © | (Ilford AC) | 42.33 | M80 |
| 10 | Tony Perkins © | (Ilford AC) | 49.36 | M70 |

10km women

| | | | | |
|---|------------------|---------------|-------|-----|
| 1 | Millie Morris | (Ashford AC) | 53.27 | U20 |
| 2 | Jaqueline Benson | (Ashford AC) | 55.36 | U23 |
| 3 | Helen Middleton | (Enfield HAC) | 67.27 | W55 |
| 4 | Fiona Bishop | (Enfield HAC) | 69.10 | W60 |

8km

| | | | | |
|---|-----------------|----------------|-------|-----|
| 1 | Emma Dyos | (Ilford AC) | 46.43 | W45 |
| 2 | Angela Martin | (Surrey WC) | 59.30 | W55 |
| 3 | Karen Williams | (Birchfield H) | 63.58 | W65 |
| 4 | Diana Braverman | (Enfield HAC) | 65.00 | W65 |

5km

| | | | | |
|---|------------------------|------------------------|-------|-----|
| 1 | Sarah Sowerby | (unattached) | 31.58 | W55 |
| 2 | Cath Duhig © | (CA Millennium, Spain) | 32.50 | W65 |
| 3 | Amalia Christina Silva | (Barnet DC) | 33.07 | W55 |
| 4 | Noel Blatchford | (Abingdon AC) | 34.24 | W70 |
| 5 | Tracey Wilkinson | (unattached) | 39.38 | W55 |

© = Centurion