

In unpleasant wet weather conditions, Bill Sutherland the Scottish bronze medallist at the 1970 Commonwealth Games, started the race which turned out to be "ladies day" with three of them, led by national champion Abigail Jennings leading the field home. It was good to see Lesley Morris back in action fully recovered from her fall at the February fixture, as well as Stephen Cartwright along with newcomers Alison Wilson and Livia Corneciu.

**10km**

1	John Arthur	<i>Ilford AC</i>	66.58 M60
2	Stuart Bennett ©	<i>Ilford AC</i>	69.33 M60
3	John Borgars ©	<i>Loughton AC</i>	69.57 M75
4	John Ralph	<i>Enfield HAC</i>	51.49 M50

**10km**

© = Centurion

1	Abigail Jennings	<i>Aldershot FA</i>	51.39 SW
2	Grazia Manzotti	<i>Tonbridge AC</i>	58.08 W50
3	Jaqui Benson	<i>Ashford AC</i>	62.37 SW
4	Alison Wilson	<i>unattached</i>	67.22 W55
5	Fiona Bishop	<i>Enfield HAC</i>	72.08 W60
6	Lesley Morris	<i>Ilford AC</i>	72.33 W60
7	Sue Barnett	<i>Enfield HAC</i>	72.45 W70

**B Race Results**

10km	Ian Richards ©	<i>Steyning AC</i>	61.18 M75
9km	Chris Flint ©	<i>Surrey WC</i>	71.04 M75
8km	Tony Wilkinson	<i>unattached</i>	57.48 M60
8km	Stephen Cartwright	<i>Gt.Bentley RC</i>	63.37 M65
5km	Dave Hoben	<i>Surrey WC</i>	38.20 M70
	Paul Firmage	<i>Ryston R</i>	40.24 M65

9km	Livia Corneciu	<i>Loughton AC</i>	71.24 W40
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5km	Sheila Leavy	<i>N.Herts RR</i>	41.28 W70
	Shaheda Arthur	<i>Ilford AC</i>	56.38 W60



Jacqueline Benson, John Arthur, Abigail Jennins, Grazia Manzotti, Bill Sutherland, Alison Wilson, Stuart Bennett



It was fitting that at the meeting commemorating Stan Mantor's huge contribution to race walking, one of his numerous charges, Bill Sutherland was on hand to pay tribute to the much respected coach greatly influenced by him.

*Starter/Awards Presenter:* Bill Sutherland ©

*Timekeeper/Recorders:*

Phil Welch, Pam Ficken, Carl Lawton © & Tracey Wilkinson

*Judges:* Mark Culshaw (*Chief*), Peter Cassidy & Simon Benson

*Race Organisers/First Aid:*

Ron Wallwork © & Tracey Wilkinson

Abigail Jennings laps John Arthur and Alison Wilson

**Virtual Result**

Mark Williams	<i>Birchfield H</i>	10km	52.11 M55	Cath Duhig ©	<i>CA Millennium</i>	10km	66.00 W65
Mark Bernatzki	<i>LA/Herten Ger</i>	10km	70.04 M50	Karen Williams	<i>Birchfield H</i>	10km	81.19 W70
Ron Penfold	<i>Steyning AC</i>	5km	58.51 M80				
Mick Graham	<i>Belgrave H</i>	5km	41.54 M70				
Tony Perkins ©	<i>Ilford AC</i>	5km					