

A comfortable win in cold sunny conditions for Fransisco Reis with a tremendous scrap for the overall third place between Grazina Narviliene and Trevor Jones, the former producing enough in the last half mile to take it.

Messrs. Cox, Culshaw and Bobbett also had a battle royal as did Bennett, Maskell, Noel and Smith, Fiona Bishop and Anne Jones - All in all some really good racing.



Hillingdon AC led home by Fabian Deuter took a slender lead over EHAC in the six to score team event.

After the race the RWA President Peter Cassidy presented the 2014 Awards, among them the *Jubilee Trophy* for the outstanding League Official to Pam Ficken (pictured right), who was present at nine of the twelve races.



*Trevor (41) and Grazina (66) lapping Ron Powell (13) and Di Braverman during their epic battle.*

## Men

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1. Fransisco Reis	(Ilford AC)	40.19	M50
2. Fabian Deuter	(Hillingdon AC)	42.59	M35
3. Trevor Jones	(Steyning AC)	43.25	M55
4. Peter Ryan ©	(Ilford AC)	44.29	M60
5. Jim Ball	(Steyning AC)	44.46	M50
6. Steve Allen	(Barnet DAC)	45.19	M55
7. John Ralph	(Enfield HAC)	48.26	M55
8. Andrew Cox	(Hillingdon AC)	49.31	M60
9. Mark Culshaw	(Belgrave H)	49.37	M45
10. Ken Bobbett	(Hillingdon AC)	49.40	M70
11. Stuart Bennett ©	(Ilford AC)	51.14	M55
12. Dan Maskell	(Surrey WC)	51.17	M65
13. Gary Smith ©	(Enfield HAC)	51.37	M55
14. Amos Seddon	(Enfield HAC)	52.13	M70
15. Ron Penfold	(Steyning AC)	52.46	M70
16. Shaun Lightman	(Surrey WC)	53.14	M70
17. Sean Pender ©	(Enfield HAC)	54.26	M60
18. Russell Vroobel	(Hillingdon AC)	56.03	M55
19. Brian Boggenpoel	(Ilford AC)	56.38	M55
20. Ron Powell	(Enfield HAC)	57.50	M80
21. Richard McKenzie	(Hillingdon AC)	59.46	M45
22. Jon May	(Enfield HAC)	61.10	M60
23. Terry Braverman	(Enfield HAC)	61.50	M70
24. John Brock	(Southend AC)	62.16	M65
25. Mick Barnbrook ©	(Ilford AC)	62.37	M70

## Women

1. Grazina Narviliene	(Belgrave H)	43.11	w35
2. Maureen Noel	(Belgrave H)	51.46	w50
3. Helen Middleton	(Enfield HAC)	52.33	w50
4. Fiona Bishop	(Woking AC)	54.47	w55
5. Anne Jones	(Steyning AC)	54.49	w60
6. Jo Miles	(Hillingdon AC)	56.11	w55
7. Angela Martin	(Surrey WC)	56.28	w50
8. Di Braverman	(Enfield HAC)	58.17	w60
9. Jenny Middleton	(Hillingdon AC)	58.54	w40
10. Norma Grimsey	(Enfield HAC)	59.24	w55
11. Pamela Abbott	(Enfield HAC)	59.47	w50
12. Kathy Crilley ©	(Surrey WC)	62.59	w65

## 4 miles

David Ainsworth ©(Ilford AC) 57.23 M65

## 3 miles

George Wilkinson(Enfield HAC) 24.04 U15

Tony Wilkinson (Enfield HAC) 24.41 M50

Dave Stevens (Steyning AC) 35.52 M75

## 1 mile

Bernie Hercock (Enfield HAC) 15.41 M75

Judges: M.Croft (Chief), P.Cassidy, R.Pearce, P.Wilson - Recorders: P.Welch, P.Ficken, C.Lawton  
Registration/Refreshments: Margaret Livermore, Ian Spinks, Joan Wallwork - Judges Runner: B.Ralph