

PEDNOR 5 RACE WALK

Incorporating the Buckinghamshire AA Road Walk Championships

MEN'S RACE

Place	Time	Name	Club	Race Age Category	Bucks
1	40.26	Francisco Reis	Ilford AC	Vet 50	
2	42.59	Fabian Deuter	Hillingdon AC		
3	44.17	Peter Ryan	Ilford AC	Vet 60	
4	45.20	Steven Uttley	Ilford AC	Vet 55	
5	45.32	Malcolm Martin	Surrey Walking Club	Vet 55	
6	45.48	Steve Allen	Barnet and District AC	Vet 55	
7	46.47	Stuart Bennett	Ilford AC	Vet 55	
8	47.12	John Ralph	Enfield & Harringey AC	Vet 55	Bucks
9	47.31	Keith Vallis	Overton Harriers AC	Vet 45	
10	47.32	John Hall	Belgrave Harriers	Vet 65	
11	48.34	Andrew Cox	Hillingdon AC	Vet 60	
12	48.36	Ken Bobbett	Hillingdon AC	Vet 65	Bucks
13	48.41	Arthur Thomson	Enfield & Harringey AC	Vet 75	
14	49.30	Dan Maskell	Surrey Walking Club	Vet 65	
15	50.48	Gary Smith	Enfield & Harringey AC	Vet 55	
16	51.21	Mark Culshaw	London Front Runners	Vet 45	
17	52.05	David Kates	Ilford AC	Vet 65	
18	52.13	Allan Stewart	Chiltern Harriers AC		Bucks
19	52.22	Alan Roberts	Vale of Aylesbury AC	Vet 50	Bucks
20	52.43	Sean Pendor	Enfield & Harringey AC	Vet 60	
21	52.49	John Borgars	Herts Phoenix AC	Vet 65	
22	53.02	Christopher Flint	Surrey Walking Club	Vet 65	
23	53.43	Michael Harran	Surrey Walking Club	Vet 75	
24	55.55	Peter Taylor	Chiltern Harriers AC	Vet 45	Bucks
25	56.14	David Delaney	Surrey Walking Club	Vet 70	
26	57.17	Richard McKenzie	Hillingdon AC	Vet 45	
27	58.53	Paul Richardson	Unattached	Vet 50	
28	59.02	David Hoben	Surrey Walking Club	Vet 60	
29	59.04	Trevor Brawn	Chiltern Harriers AC	Vet 60	Bucks
30	60.52	Terry Morris	Nuneaton Harriers	Vet 65	
31	65.29	Mike Morgan	Burnham Joggers	Vet 70	Bucks
32	66.13	Martyn Cartwright	Chiltern Harriers AC	Vet 70	Bucks
33	67.04	David Ainsworth	Ilford AC	Vet 65	
34	67.22	William Sutherland	Highgate Harriers	Vet 65	
35	72.41	Ken Livermore	Enfield & Harringey AC	Vet 80	

LADIES RACE

1	51.10	Maureen Noel	Belgrave Harriers	Vet 50
2	52.15	Helen Middleton	Enfield & Harringey AC	Vet 50
3	52.55	Fiona Bishop	Woking AC	Vet 50
4	52.56	Angela Martin	Surrey Walking Club	Vet 45
5	59.02	Jenny Middleton	Hillingdon AC	Vet 35
6	66.03	Elsbeth Attwood	Unattached	Vet 55

BOYS 2 MILE RACE

1	27:22	Luke Richardson	Tring School	Under 13
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GIRLS 2 MILE RACE

1	28:05	Talien van Kwijk	Chiltern Harriers AC	Under 9
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PEDNOR 5 CHALLENGE

The combined times for competitors in both the Pednor 5 Road Race and Road Walk

Posn	Total Time	Name	Club	Walk Time	Run Time
<u>LADIES</u>					
1	106:44	Fiona Bishop	Woking AC	52:55	53:49
2	114:51	Elsbeth Attword	Unattached	66:03	48:48
<u>MEN</u>					
1	81:13	Keith Vallis	Overton Harriers AC	47:31	33:42
2	82:16	Allan Stewart	Chiltern Harriers AC	52:13	30:03
3	87:34	Alan Roberts	Vale of Aylesbury	52:22	35:12
4	101:46	Paul Richardson	Unattached	58:53	42:53
5	102:37	Peter Taylor	Chiltern Harriers AC	55:55	46:42
6	106:16	Trevor Brawn	Chiltern Harriers AC	59:04	47:12