



Prior to the start competitors, officials and supporters joined in a dedicated applause in memory of Ken Matthews.

Eight of the twenty walkers who took part recorded quicker times than they did in the first LICC race at the end of April, three recording their best times ever at the distance. Conditions were favourable and fewer people on the track were possible contributing factors.

* = pb © = Centurion

1. George Wilkinson	(EHAC)	*23.09	U20	1. Penelope Cummings	(Aldershot AFD)	28.16	W40
2. Steve Uttley	(Ilford AC)	29.10	M60	2. Jacqueline Benson	(Ashford AC)	*28.33	U20
3. Mark Culshaw	(Belgrave H)	30.56	M50	3. Emma Dyos	(Ilford AC)	*28.58	W40
4. Simon Morgan	(Ilford AC)	31.36	M50	4. Melanie Peddle	(Loughton AC)	29.21	W50
5. Amos Seddon	(EHAC)	34.34	M75	5. Helen Middleton	(EHAC)	30.32	W55
6. Tom Casserley	(EHAC)	34.01	M80	6. Silvana Alves	(Barnet DAC)	31.46	W45
7. John Borgars	(Loughton AC)	34.20	M70	7. Lesley Hall	(Ashford AC)	32.33	W60
8. Malcolm Blackwood	(Trent Park)	34.52	M65	8. Sue Barnett	(EHAC)	33.25	W65
9. Tony Wilkinson	(unattached)	35.02	M55	9. Geraldine Legon	(Bexley AC)	34.33	W60
10. Arthur Thomson	(EHAC)	35.29	M80				
11. David Hoben	(EHAC)	36.36	M65				

Judges: Peter Cassidy, Shaun Lightman, Pauline Wilson©

Timekeepers Officials of the LICC/Recorders: Pam Ficken©, Carl Lawton©, Jack Rossiter ©

Registration: Ron Wallwork ©, Tracey Wilkinson