

2017 ERWL Race 9

Permit No. RWA7014-1

5 miles**14th October at LVAC****Men's 5 miles**

1. Fransisco Reis	(Thames Valley H)	39.29	M55
2. Sebastian Parris	(Ilford AC)	43.22	SM
3. George Wilkinson	(Enfield H AC)	43.37	U17
4. Graham Chapman	(Headington AC)	45.02	M60
5. Malcolm Martin	(Surrey WC)	45.10	M60
6. Jim Ball	(Steyning AC)	45.33	M55
7. Mark Culshaw	(Ilford AC)	48.19	M50
8. John Ralph	(Enfield H AC)	51.25	M60
9. John Borgars ©	(Loughton AC)	51.51	M70
10. David Kates ©	(Ilford AC)	53.19	M65
11. Arthur Thomson	(Enfield H AC)	53.42	M80
12. Steve Cartwright	(Colchester)	54.57	M55
13. Chris Flint ©	(Surrey WC)	54.57	M70
14. David Hoben	(Surrey WC)	58.01	M60
15. Tom Casserley	(Enfield H AC)	58.09	M70
16. Gary Smith ©	(Enfield H AC)	59.05	M60
17. Peter Cassidy	(Loughton AC)	60.03	M75
18. Tony Wilkinson	(unattached)	64.58	M55

Women's 5 miles

© = Centurion

1. Melanie Peddle	(Loughton AC)	48.50	W45
2. Helen Middleton	(Enfield H AC)	49.14	W50
3. Fiona Bishop	(Woking AC)	51.58	W55
Noel Blatchford	(Abingdon AC)	51.58	W65
5. Angela Marttin	(Surrey WC)	54.05	W65
6. Anne Jones	(Steyning AC)	54.16	W60
8. Frans Fernandez	(Loughton AC)R)	59 15	W65

4 miles

David Ainsworth ©	(Ilford AC)	56.47	M65
Mick Barnbrook ©	(Ilford AC)	56.47	M70

3 miles

Shaun Lightman	(Surrey WC)	37.55	M70
J.Miles	(Hillingdon AC)	38.21	W60

2 miles

Ken Bobbett	(Hillingdon AC)	20.23	W60
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Judges: M. Croft, M.Graham, S.Pender ©, P.Wilson © - Registrations: T.Wilkinson, J.Wallwork

Timekeepers/Recorders: P.Welch, P.Ficken ©, C.Lawton © - Marshalls: J.May, R.Wallwork

Race Organiser: R.Wallwork ©