

Conditions for the opening race of the 2017 series could have been worse; it was cold (4c) but the biting cold wind that can sweep across the playing fields, was thankfully absent. Ilford's Sebastian Parris led early on with Jim Ball, Malc Martin and Stuart Bennett in close attendance and the promising teenager Emily Ghose also not far off the pace. However, novice Parris' enthusiasm and lack of race walking experience resulted in two red cards and as he struggled to avoid a third, Ball and Martin reeled him in.

Emily Ghose making her debut at the distance was an impressive winner of the ladies race, her time the fastest winning time for two years. It was also the first effort at the distance for Oliver Hopkins, who acquitted himself well with a high placing and a good time. Young George Wilkinson also set a pb for three miles, as did Melanie Peddle and Joyce Crawford.



Following the race the awards for the 2016 ERWL series were presented by Enfield & HAC President Bernie Hercock and the picture shows the individual winners Jo Miles and John Ralph

<i>Men</i>	© = Centurion - * = pb	<i>Women</i>
1. Jim Ball (Steyning AC)	43.48 M50	1. Emily Ghose (Tonbridge AC) 46.49 U20
2. Malc Martin (Surrey WC)	45.11 M60	2. Helen Middleton (Enfield HAC) 50.30 W50
3. Sebastian Parris (Ilford AC)	46.08 SM	3. Melanie Peddle (Loughton AC) 50.44 W45
4. Oliver Hopkins (Lewes AC)	47.23 U17	4. Joyce Crawford (Eastern MAC) 51.45 W45
5. Graham Chapman (Headington RR)	47.34 M50	5. Maureen Noel (Belgrave H) 52.11 W50
6. Stuart Bennett © (Ilford AC)	47.35 M65	6. Anne Jones (Steyning AC) 54.28 W60
7. Steve Uttley (Ilford AC)	49.45 M55	7. Angela Martin (Surrey WC) 54.29 W50
8. John Ralph (Enfield HAC)	50.42 M60	8. Noel Blatchford (Abingdon AC) 55.55 W65
9. Kevin Pedley (Aldershot FD)	51.36 M55	9. Geraldine Legon (Bexley AC) 56.35 W55
10. Gary Smith © (Enfield HAC)	53.01 M60	10. Jo Miles (Hillingdon AC) 56.51 W60
11. Dan Maskell (Surrey WC)	53.27 M65	
12. John Borgars © (Loughton AC)	53.34 M70	
13. Ken Bobbett (Hillingdon AC)	54.05 M70	4 miles
14. Chris Flint © (Surrey WC)	54.45 M70	Dave Ainsworth © (Ilford AC) 54.52 M65
15. Shaun Lightman (Surrey WC)	55.23 M70	Mick Barnbrook © (Ilford AC) 55.18 M70
16. Michael Harran (Surrey WC)	55.54 M75	
17. John Hall (Belgrave H)	56.58 M65	3 miles
18. Stephen Cartwright (Colchester)	57.40 M55	George Wilkinson (Enfield HAC) 30.13 U15
19. Sean Pender © (Enfield HAC)	58.03 M60	Tony Wilkinson (unattached) 35.55 M55

Judges: Peter Cassidy, Andrew Garner, Mick Graham, Chris Hobbs - *Judges Runner:* Trevor Jones
Recorders: Phil Welch, Pam Ficken©, Carl Lawton© - *Registration:* Margaret Livermore, Tracey Wilkinson
Marshalls: Ken Livermore, Ron Powell, Geoff Robinson, Kathy Crilley © - *Event Organisers:* R.Wallwork©