

pos		Time	NAME	CLUB	AGE	Cat
1	49	33.58	Dominic King c1098	Colchester AC	SM	
2	1	35.42	Callum Wilkinson	Enfield HAC	u20	
3	31	39.43	Fransisco Reis	Team F	M50	
4	21	41.30	Deuter Fabian	Hillingdon AC	SM	
5	40	41.51	David Crane	Surrey WC	M35	
6	91	42.33	Stuart LeNoury	Sarnia	SM	
7	97	42.45	Sophie Hales	Steyning AC	W20	L1
8	72	43.30	Allen Steve	Barnet DAC	M55	
9	89	44.20	Jason LeNoury	Sarnia	SM	
10	36	44.27	Peter Ryan c 984	Ilford AC	M60	
11	32	44.39	Steve Uttley	Ilford AC	M55	
12	51	44.45	Malcolm Martin	Surrey WC	M55	
13	62	45.33	John Hall	Belgrave H	M65	
14	4	46.13	John Ralph	Enfield HAC	M55	
15	6	47.25	Gary Smith c856	Enfield HAC	M55	
16	23	47.55	Ken Bobbett	Hillingdon AC	M70	
17	22	48.46	Andy Cox	Hillingdon AC	M60	
18	64	48.59	Noel Maureen	Belgrave H	W50	L2
19	8	49.17	Seddon Amos	Enfield HAC	M70	
20	2	49.29	Helen Middleton	Enfield HAC	W50	L3
21	56	50.04	Shaun Lightman	Surrey WC	M70	
22	3	50.11	Arthur Thomson	Enfield HAC	M75	
23	53	51.09	Dan Maskell	Surrey WC	M65	
24	19	51.26	Russ Jackson	York RWC	M65	
25	52	51.29	Angela Martin	Surrey WC	W50	L4
26	20	51.34	Glyn Jones	Coventry G H	M70	
27	93	52.21	Olga Sinkevica	Sarnia	SW	L5
28	88	52.24	Kevin LeNoury	Sarnia	M55	
29	73	53.00	Fiona Bishop	Woking AC	W55	L6
30	57	53.31	Chris Flint c 849	Surrey WC	M65	
31	98	54.27	Elizabeth Blakie	Ryston R	W55	L7
32	28	54.31	Crawford Joyce	Red Lodge R	W45	L8
33	5	54.45	Sean Pender c1067	Enfield HAC	M60	
34	99	55.08	Lynn Jones	Enfield HAC	W50	L9
35	27	55.08	Jo Miles	Hillingdon AC	W55	L10
36	86	55.34	Peter Beckerleg	Sarnia	M55	
37	30	55.50	Nutley Valerie	St.Eds Pacers	W55	L11
38	16	55.19	Pamela Abbott	Enfield HAC	W50	L12
39	92	55.59	Michael LeSavage	Sarnia	SM	
40	39	56.39	Philip Goodwin	Ilford AC	M60	
41	15	56.40	Di Braverman	Enfield HAC	W60	L13
42	55	57.09	David Hoben	Surrey WC	M60	
43	75	57.39	Paul Firmage	Ryston R	M60	
44	94	57.41	Malcolm Smith	Moulton	SM	
45	61	57.48	Len Ruddock	Ilford AC	M60	
46	90	57.52	Jayne LeNoury	Sarnia	W50	L14
47	59	58.09	Steve Allen c1102	Ilford AC	M55	



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