

Enfield & Haringey AC - Race Walking Records

Draft

All additions, omissions, and alterations to

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Senior Men

r = road

t = track

id = Indoors

(WR) = World record

Metric

1500mt Amos Seddon	6.17.00	Enfield	17/05/72
2kmt Callum Wilkinson (u20)	7.41.9	Birmingham	05/09/15
3kmt Callum Wilkinson (u20)	11.36.2	Bury St.Edmunds	14/05/16
3kmid Callum Wilkinson (u23)	11.31.53	Bratislava	29/01/17 UK u23 BP
5kmt Callum Wilkinson (u20)	19.35.40	Tamworth	02/07/16
3kmid Callum Wilkinson (u23)	19.20.83	Bratislava	29/01/17 UK u23 BP
10kmt Callum Wilkinson (u20)	40.41.62	Bydgoszcz, Poland	23/07/16 UK u20 BP
10kmr Callum Wilkinson (u20)	40.30.00	Rome	07/05/16 UK u20 BP
15kmr Amos Seddon	66.20.00	Eschborn, Germany	29/09/79
20kmr Amos Seddon	88.50.00	Victoria Park, London	03/08/74
30kmr Amos Seddon	2.23.38	London Wall	10/02/80
35kmr Amos Seddon	2.40.04	Victoria Park, London	21/06/80
50kmr Adrian James	4.08.41	Basildon, Essex	12/04/80
50kmt Charlie Fogg	4.22.41	Woodford Green, Essex	01/06/75
100km Peter Worth	10.16.32	Sutton Coalfield, Warks	29/09/79

Linear

1mlid Callum Wilkinson (u20)	6.03.78	LVAC	08/02/15 UK u20 BP
1mlt Callum Wilkinson (u20)	6.09.10	Inter-Varsity, Leeds	05/10/16
1m r Amos Seddon	6.31.50	Chelmsford, Essex	06/01/79
2mlt Cecil Hyde	13.46.8	??	1930
5mlr Callum Wilkinson (u20)	34.49	Moulton, Suffolk	04/06/16
7mlt Johnny Johnson	52.10.2	White City Std, London	08/07/34
7mlr Callum Wilkinson (u20)	47.28	LVAC, Enfield	14/11/15
10mlr Amos Seddon	71.30	Keele, Staffs	31/03/76
½ Mr Amos Seddon	1.40.36	South Woodham Ferrers	01/07/84
15mlr Stan Mantor	2.03.48	Regents Park, London	04/04/53
20mlr Amos Seddon	2.31.33	Leicester	24/05/80
52ml Charlie Fogg	8.15.59	London to Brighton	04/09/65
100mlr Jesse Hayward	19.06.20	London-Brighton & Back	02/07/55
100mlt Peter Worth	19.22.40	Woodford Green	03/05/86

1 hrt Amos Seddon	8m544y/13.373km	Parliament Hills, London	20/09/80
2 hrt Amos Seddon	15m933y/24.994km	Brighton	28/06/81
6 hrt Charlie Fogg	39m194y/62.940km	New River Stadium	29/09/74
7 hrt Charlie Fogg	45m199y/72.600km	New River Stadium	29/09/74
8 hrt Charlie Fogg	51m1040y/83.025km	New River Stadium	29.09/74
24 hr t Peter Worth	120m1454y/194.445km	Woodford Green	31/05/86 (1)

10 x 10 mile Relay r 12h.37m.24s Chelmsford 01/05/77 (WR)

Enfield Team Adrian James, Geoff Robinson, Tim Mayor, Dave Salter, Colin Fisher
Graham Scott, Peter Worth, Charlie Fogg, Hamish Stewart, Amos Seddon

Note (1) Peter Worth set a superior distance in the 1976 Track 24 hours at Woodford Green. However, he was a member Verlea AC from 1973 until 1977, so doesn't count as an Enfield club record.

Note(2) Please note that only times/distances as set whilst the athlete was a member of 'Enfield & Haringey AC and its predecessors 'Borough of Enfield Harriers' and 'Enfield AC' count as Club Records. Members of Haringey AC and Ponders End AC would also count, but to the compilers knowledge these clubs would not have any contenders for inclusion in the Club Records roll of honour

Senior Women

2kmt	Helen Middleton	10.46.00	LVA	10/05/10
3kmt	Virginia Birch	14.42.00	Enfield	11/07/99
5kmt	Virginia Birch	25.04.00	Luton, Beds	09/06/79
10kmt	Virginia Birch	52.41.00	Havering	31/03/79
15kmt	Helen Middleton	85.56.00	Steyning, Sussex	23/01/10
20kmt	Helen Middleton	2.06.00.00	Victoria Park, London	11/04/10
50kmt	Angie Alstrachen	6.22.17.00	Colchester, Essex	22/09/12
1mt	Helen Middleton	8.34.00	University Tr, Cambridge	02/06/10
2mlr	Pamela Abbott	23.23.00	King George PF, Enfield	09.01.16
3mlr	Helen Middlefleton	28.03.00	Newmarket Racecourse	12/07/09
5mlr	Helen Middleton	44.58.00	LVAC	13/03/10
6mlr	Virginia Birch	50.38.00	Chippenham??	13/10/79
7mlr	Virginia Birch	58.13.00	Enfield	10/11/79
10mlr	Helen Middleton	93.27.00	Monks Hill, Surrey	27/02/10
½ Mr	Helen Middleton	2.09.56.00	Hillingdon	21/07/12
100mlr	Angie Alstrachen	23.42.48.00	Lingfield Pk Racecourse	03/07/11
1 hrt	Helen Middleton	6m695y/10.289km	LVAC	22/05/10

note 3 Virginia Birch was only a member of Enfield for one year (1979), before moving to Brighton.

note 4 Ann Sayer was 2nd claim only Therefore her distance records were set for Essex Ladies.

note 5 Mary Worth (nee Rodgers) never walked for Enfield although her husband Peter and previous partner Stan Mantor both did. Mary originally walked for St.Albans City Lady Olympiads and 1st claim Steyning and 2nd claim Loughton AC in later years.

Young Age Groups**Junior Men (u20)**

1500mt	Martin Oliver	7.06.00	Enfield	04/05/71
2kmt	Callum Wilkinson (u17)	7.41.9	Birmingham	05/09/15
3kmt	Callum Wilkinson (u20)	11.36.2	Ipswich	14/05/16 UK u20 BP
5kmt	Callum Wilkinson (u20)	19.35.4	Tamworth	02/07/16 UK u20 BP
10kmt	Callum Wilkinson	40.41.62	Bydgoszcz, Poland	23/07/16 UK u20 BP
10kmt	Callum Wilkinson	40.30.0	Rome	07/06/16 UK u20 BP
1mlt	Callum Wilkinson (u17)	6.03.78	LVAC	08/02/15 UK u20 BP
2mlt	A.R.Aylen (u17)	15.51.0	Eton Manor	14/09/55
3mlr	A.R.Aylen (u17)	25.24.0	Battersea Park, London	26/03/55
5mlr	Callum Wilkinson	34.49	Moulton	04/06/16
7mlr	Callum Wilkinson	47.28	Moulton	14/11/15

Youth (u17)

1500mt	Robert Worth	7.32.2	Enfield	17/05/72
2kmt	Callum Wilkinson (u17)	8.46.00	Birmingham	08/09/13
3kmt	Callum Wilkinson(u20)	13.14.00	Morton Std. Dublin	20/07/13 UK u17 BP
5kmt	Callum Wilkinson (u20)	22.55.00	Birmingham	21/09/13 UK u17 BP
10kmt	Callum Wilkinson	48.56.00	Breda, Holland	16/06/13
1mlid	Callum Wilkinson (u17)	6.38.86	LVAC	09/02/14*
2mlt	A.R.Aylen (u17)	15.510	Eton Manor	14/09/55
3mlr	A.R.Aylen (u17)	25.24.0	Batteresa Park, London	26/03/55
5mlr	Callum Wilkinson	38.29.0	LVAC	22/02/14*

Boys (u15)

1kmt	George Wilkinson	5.09.81	Bedford	03/09/16
1500mt	Robert Worth	7.56	Enfield	04/05/71
2km	George Wilkinson	12.06.00	Moulton	04/06/16
2.5km	Andrew Foster	15.25.00	Blackheath	06/09/92
3kmt	George Wilkinson	16.42.73	Exeter	17/09/16
1ml	J.Milton	8.25	Parliament Hills Field	28/09/68
2ml	Robert Worth	18.00	Battersea Park	06/03/71
3ml	Robert Worth	28.29	Chigwell Row, Essex	19/12/70

Colts (u13)

1kmt	George Wilkinson	6.17	Birmingham	16/09/14
2km	George Wilkinson	12.45	Enfield	10/05/14
3km	George Wilkinson	21.40.0	Coventry	01/03/15
5km	George Wilkinson	35.57.0	Lugano, Switzerland	14/03/15
1mlt	George Wilkinson	11.18	Hemel Hempstead	27/09/14
2ml	George Wilkinson	524.04	Enfield	17/01/15
3ml	Daniel Spinks	50.28	Enfield	07/07/12

Junior Ladies u20

2.5km	M.Furey	18.45.00	Enfield	08/11/75
1ml	Rosa Michael	10.40.00	Enfield	11/10/04

Junior Girls u13

1km	Grace Gear	8.27.00	Victoria Park	02/02/06
½ ml	Grace Gear	5.53.00	Enfield	13/11/04
1ml	Charlotte Michael	10.56.00	Enfield	11/10/04

Masters Race Walking Club Records**3km**

M35	Amos Seddon	12.28.88	Crystal Palace	05/09/80
M40	Amos Seddon	12.47.00	Woodford Green	09/09/81
M45	Ken Easlea	13.17.00	Enfield	23/06/71
M50	Amos Seddon	13.43 (r)	Romford	05/05/91
M55	Amos Seddon	14.49	Woodford Green	11/09/96
M60	Amos Seddon	15.27.9	Woodford Green	27/08/02
M65	Amos Seddon	16.31.9	LVAC	26/05/07
M70	Arthur Thomson	15.46.0	Bedford	31/05/10
M75	Arthur Thomson	16.14.0	Watford	12.05.12
M80	Arthur Thomson	19.01.0	Birmingham	17/09/16
W40	Angie Alstrachen	17.58.0	LVAC	17/07/10
W45	Helen Middleton	16.24.0	LVAC	24/04/10
W50	Helen Middleton	17.22.0	LVAC	27/01/13
W55	Diana Braverman	18.55.0	Copthall (<i>Allianz</i>) Stadium)	24/04/10
W60	Sue Barnett	18.30.0	LVAC	16/07/11

EHAC - Race Walking Records – 4 Masters Records continued

5km

M35	Amos Seddon	21.29	Eschborn, Germany	29/09/79
M40	Amos Seddon	22.19	Brighton	22/08/84
M45	Ken Easlea	23.54	Enfield	07/06/72
M50	Amos Seddon	23.56.92	Copthall	19/07/92
M55	Peter Worth	25.49.1	Brighton	22/08/84
M60	Amos Seddon	26.04	Bexley	21/10/01
M65	Amos Seddon	27.58	Enfield	07/10/06
M70	Arthur Thomson	27.28	Enfield	11/10/08
M75	Arthur Thomson	27.40	Copthall	16/06/12
M80	Arthur Thomson	31.44	BMAF, Birmingham	18/09/16
W40	Angie Alstrachen	29.58	Parliament Hill Fields	14/08/10
W45	Helen Middleton	27.25	Bexley	13/02/10
W50	Helen Middleton	29.26	Victoria Park	03/02/13
W55	Diana Braverman	32.34	LVAC	01/10/09
W60	Sue Barnett	31.14	Woodford Green	20/08/11

10km

M35	Amos Seddon	43.44	Eschborn, Germany	29/09/79
M40	Amos Seddon	44.50.59	Birmingham	23/08/81
M45	Amos Seddon	46.21	Ilford	20/12/86
M50	Amos Seddon	48.28	Ilford	30/07/91
M55	Amos Seddon	51.57	Victoria Park	01/01/99
M60	Amos Seddon	54.21	Birmingham	17/04/02
M65	Amos Seddon	57.46	Birmingham	18/09/07
M70	Arthur Thomson	55.33	Denmark (Euro-Vets)	24/06/09
M75	Arthur Thomson	55.29	Leicester	16.09.12
M80	Arthur Thomson	64.09	Monte Gordo, Portugal	20/05/16
W40	Angie Alstrachen	62.48	Leicester	04/10/10
W45	Helen Middleton	54.21	Don Valley Stadium	17/04/10
W50	Helen Middleton	62.04	Hillingdon	28/11/15
W55	Diana Braverman	66.57	Ely, Cambs	31/12/07
W60	Sue Barnett	31.14	Leicester	04/02/11

20km - Road

M35	Amos Seddon	88.56	Eschborn, Germany	29/09/79
M40	Amos Seddon	90.31	Victoria Park	08/08/82
M45	Ken Easlea	96.29	Enfield	08/04/72
M50	Amos Seddon	1.40.48	Ilford	02/06/91
M55	Amos Seddon	1.47.00	Lugano	20/10/96
M60	Peter Worth	1.54.10	Burrator, Devon	06/05/90
M65	Amos Seddon	2.02.52	Enfield	26.08/06
M70	Arthur Thomson	1.54.51	Victoria Park	11/04/10
M75	Arthur Thomson	1.58.41	Redbridge, Essex	14/10/12
M80	Arthur Thomson	2.22.14	Warwick University	10/07/16
W40	Angie Alstrachen	2.15.05	Northampton	26/06/10
W45	Helen Middleton	2.00.06	Victoria Park	11/04/10
W50	Diana Braverman	2.24.18	Sutton Park, Warks	06/05/06
W55	Sue Clements	2.33.54	LVAC	15/08/09
W60	Sue Barnett	2.18.04	Enfield	08/06/13

EHAC - Race Walking Records – 5 Masters Records continued

30km - Road

M35	Amos Seddon	2.23.38	London Wall	10/02/80
M40	Amos Seddon	2.25.00	Victoria Park	31/07/82
M45	Amos Seddon	2.34.17	Edinburgh	27/04/86
M50	Amos Seddon	2.40.21	Cardiff	29/03/92
M55	Amos Seddon	2.54.15	Brugge, Belgium	26/06/99
M60	Ron Powell	3.03.26	Brugge, Belgium	30/06/96
M65	Amos Seddon	3.16.59	Coventry	12/08/06
M70	Arthur Thomson	3.09.09	Denmark (Euro Vets)	25/06/09
M75	Arthur Thomson	3.04.25	Warwick Uni	14/07/12

50km - Road

M35	Amos Seddon	4.10.42	Llobregat, Spain	09/03/80
M40	Charlie Fogg	4.22.41	Woodford Green	01/06/75
M45	Peter Worth	4.45.22	City of Londonh	03/06/79
M50	Peter Worth	4.50.46	Sleaford, Lincs	18/07/81
M55	Peter Worth	5.06.36	Basildon, Essex	12/04/86
M60	Peter Worth	5.13.43	Basildon, Essex	09/04/90
M65				
M70	Arthur Thomson	5.50.44	Northampton	17/10/10
M75	Arthur Thomson	5.42.47	Colchester	22/09/12
W40	Angie Alstrachen	6.22.17	Colchester	22/09/12