



LONDON INTER CLUB CHALLENGE

ALLIANZ PARK - SATURDAY 28 JUNE 2014

1000m walk

1	375 George	Wilkinson	N/A
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5000m walk

1	360 Francisco	Reis	Ilford AC
2	365 Malcolm	Martin	Surrey Walking Club
3	381 Steuen	Uttley	Ilford AC
4	377 Steve	Allen	Barnet District AC
5	379 Stuart	Bennett	Ilford AC
6	367 John	Ralph	EHAC
7	366 Shaun	Lightman	Surrey Walking Club
8	363 Ken	Bobbett	Hillingdon
9	382 Dan	Maskell	Surrey Walking Club
10	378 Indigo	Burgin	Cambridge Harriers
11	361 Helen	Middleton	EHAC
12	369 Peter	Hannell	Surrey Walking Club
13	370 Mike	Harrow	Surrey Walking Club
14	376 Fiona	Bishop	Woking
15	374 Richard	Mckenzie	Hillingdon
16	364 Angela	Martin	Surrey Walking Club
17	371 Sean	Pender	EHAC
18	362 Russel	Nroobel	Hillingdon
19	380 Ron	Powel	EHAC
20	372 Linda	Spinks	EHAC
21	373 Jennifer	Middleton	Hillingdon
22	383 Sandra	Campbell	Surrey Walking Club
23	368 Bill	Sutherland	Highgate Harriers

400m Hurdles Men

1	288 Steven	Garrett	City of Sheffield
2	265 Sam	Parsons	Brighton and Hove City AC
3	259 Daniel	Eckersley	Achilles
4	6 Bilen	Ahmet	Achilles

400m Hurdles Women

1	276 Lucy	Ferguson	TVH
2	297 Becky	Mclinden	Wirral AC

800m Race 1

1	264 Bashir	Mohamed	TVH
2	298 James	Millett	Highgate Harriers
3	294 Edward	Garrett	London Heathside
4	283 Saskia	Millard	Herne Hill Harriers
5	309 Danny	Digweed	Barnet and District
6	300 Gemma	Coe	Cambridge and Coleridge

800m Race 2

1	293 Liam	Garrett	London Heathside
2	282 Oscar	Millard	Herne Hill Harriers
3	315 Finn	Harvey	SBH
4	311 Lia	Radus	SBH
5	268 Felicity	Galbally	Southend AC

800m Race 3

1	339 Deneshan	Williams	S Factor
2	313 Katie	Liptrot	HAWCS
3	305 Lilian	Cottrell	Harrow AC
4	314 Katie	Egerton	HAWCS
5	318 Louann	Lamy	SBH
6	281 Stefano	Bertero	SBH
7	299 Isabella	Millett	Highgate Harriers

100m Women

			Wind : 1.2
1	272 Keishana	Larose	Woodford Green
2	277 Charlotte	Burrows	QPH
3	295 Erika	Yeboch	TVH
4	308 Laura	Aregbe	Harrow AC
5	7 Leslie	Delgado	VPTH
6	271 Yourlance	Richards	Victoria Park

100m Race 1

			Wind : 0.8
1	14 Kesi	Oludoyi	Harrow AC
2	12 Louis	Ubaka	SBH
3	11 Randy	Momie	SBH
4	8 Akeem	Akintokum	NEB
5	4 Chaka	Maillet	TVH
6	2 Freddie	Owsley	Bristol and West AC

100m Race 2

			Wind : 0.2
1	16 Micheal	Boateng	N/A
2	10 Jermaine	Aryeetey	Queens Park Harriers
3	9 Leon	Sinclair	Barnet and District
4	18 Daryl	Thomas	HHH
5	13 Christopher	Castro Neto	Barnet and District
6	15 Mahmood	Khaisto	S Factor AC
7	17 Alex	Porter	N/A

100m Race 3

Wind : 1.4

1	3 Alex	Daley	Bristol and West AC
2	354 Rhys	Francis	S Factor
3	306 Will	Macgee	Bedford and County
4	296 Nelson	Bolumbu	EHAC
5	267 Nima	Jam	TVH
6	347 Jason-Louis	Bernard	Kingston and Poly
7	254 Ben	Slayman	Braintree District

100m Race 4

Wind : 0.6

1	292 Harry	Kyriacou	Barnet and District
2	345 Aaron	Broderick	Kent AC
3	336 Edwin	Yamoah	SBH
4	326 Kunmi	Oludoyi	Harrow AC
5	327 Yisrael	Parkius	S Factor
6	332 Nathaniel	Stlouis-Mason	S Factor

100m Race 5

Wind : 0.8

1	317 David	Olusanha	Harrow
2	252 Joel	Wynter	ESM
3	262 Charlie	Romito	SBH
4	6 Bilen	Ahmet	Achilles
5	301 Alan	James	Achilles
6	341 Max	Harbord	Kent AC
7	331 Alex	Fatoberu	S Factor

100m Race 6

Wind : 1.0

1	324 Henry	Damon	London Heathside
2	333 Jonathan	Oviasu	Highgate Harriers
3	291 Martin	Procter	HAWCS
4	353 Luciana	Alloh	S Factor
5	319 Anne-Christine	Scherer	London Heathside
6	335 Nene	Harrison	SBH
7	269 Oskar	Legg	Southend AC

100m Race 7

Wind : 1.3

1	321 Leanza	Dwaah	N/A
2	329 Ella	Wansell	Hawcs
3	346 Kasie-Ella	Dixon	S Factor
4	330 Steve	Wansell	Hawcs
5	351 Kera	Jean-Francois	S Factor
6	349 Nia	Cox	S Factor
7	270 Evie	Anderson	Southend AC

100m Race 8

Wind : 0.8

1	290 Steven	Edwards	HAWCS
2	337 Kayla	Enoe	S Factor
3	348 Ornella	Adjadi	S Factor
4	289 Euphemia	Scott	TVH
5	303 Alan	Perry	Harrow AC
6	344 Noeilla	Muse	S Factor

7	304 Helene	Kehoe	London Heathside
8	275 Sara	Audi	TVH

400m Race 1

1	24 Micheal	Skee	EHAC
2	320 Ben	Higgins	Ipswich Harriers
3	391 Shaka	Palmer	EHAC
4	21 Craig	Cox	Crawley
5	20 Alex	Fields	Bristol and West AC
6	384 Victor	Nutakor	NEB

400m Race 2

1	284 Hywel	Robinson	Guernsey Island AAC
2	15 Mahmood	Khaisto	S Factor AC
3	386 Adam	Bellis	Kingston
4	398 Sam	Cartwright	Brunel Uni
5	265 Sam	Parsons	Brighton and Hove City AC

400m Race 3

1	322 Jason	Dwaah	VPTH
2	359 Joseph	Peppiatt	SBH
3	394 Micheal	Vassiliou	EHAC
4	396 Micheal	Jones	EHAC
5	309 Danny	Digweed	Barnet and District
6	328 Joseph	Atula	S Factor

400m Race 4

1	392 Kizzi	Barazetti	TVH
2	393 Michaela	Shaw	TVH
3	339 Deneshan	Williams	S Factor
4	356 Alima	Diabate	Highgate Harriers
5	266 Lesley	Parsons	Veterans AC

70m hurdles

			Wind : -0.4
1	263 Cristina	Potter	SBH
2	270 Evie	Anderson	Southend AC

100m Hurdles

			Wind : -0.3
1	22 Dimitra	Arachoriti	Cyprus
2	276 Lucy	Ferguson	TVH
3	397 Glen	Reddington	WSEH
4	387 Theodora	Spathis	EHAC

200m Race 1

			Wind : -1.0
1	2 Freddie	Owsley	Bristol and West AC
2	5 Justin	Duru	Woodford Green
3	11 Randy	Momie	SBH
4	20 Alex	Fields	Bristol and West AC
5	3 Alex	Daley	Bristol and West AC
6	388 Matthew	Mbriwa	Harrow AC

200m Race 2			Wind : -1.0
1	10 Jermaine	Aryeetey	Queens Park Harriers
2	4 Chaka	Maillet	TVH
3	386 Adam	Bellis	Kingston
4	267 Nima	Jam	TVH
5	256 Lewis	Thorn	Braintree District

200m Race 3			Wind : -0.7
1	347 Jason-Louis	Bernard	Kingston and Poly
2	18 Daryl	Thomas	HHH
3	306 Will	Macgee	Bedford and County
4	23 Ramona	Papaioannou	Cyprus
5	322 Jason	Dwaah	VPTH
6	91 Dylan	Rubini	St. Mary's Richmond
7	354 Rhys	Francis	S Factor

200m Race 4			Wind : -1.6
1	290 Steven	Edwards	HAWCS
2	254 Ben	Slayman	Braintree District
3	345 Aaron	Broderick	Kent AC
4	317 David	Olusanha	Harrow
5	97 Ming	Wangkoh	Achilles
6	326 Kunmi	Oludoyi	Harrow AC

200m Race 5			Wind : -0.5
1	92 Chinwuba	Mezue	Hawcs
2	394 Micheal	Vassiliou	EHAC
3	272 Keishana	Larose	Woodford Green
4	301 Alan	James	Achilles
5	332 Nathaniel	Stlouis-Mason	S Factor
6	6 Bilen	Ahmet	Achilles

200m Race 6			Wind : -0.6
1	327 Yisrael	Parkius	S Factor
2	341 Max	Harbord	Kent AC
3	7 Leslie	Delgado	VPTH
4	277 Charlotte	Burrows	QPH
5	331 Alex	Fatoberu	S Factor
6	291 Martin	Procter	HAWCS

200m Race 7			Wind : -0.5
1	389 Jordan	Townsend-Simpson	SBH
2	359 Joseph	Peppiatt	SBH
3	328 Joseph	Atula	S Factor
4	93 Millie	Sandell	Hawcs
5	312 Elby	Cinnamond	SBH
6	337 Kayla	Enoe	S Factor

200m Race 8			Wind : 0.7
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1	352 Luke	Moore	S Factor
2	84 Alex	Potten	Hawcs
3	329 Ella	Wansell	Hawcs
4	353 Luciana	Alloh	S Factor
5	335 Nene	Harrison	SBH
6	313 Katie	Liptrot	HAWCS
7	385 Paul	Willcox	Achilles

200m Race 9

			Wind : 0.4
1	346 Kasie-Ella	Dixon	S Factor
2	330 Steve	Wansell	Hawcs
3	88 Amy	Rutherford	Highgate Harriers
4	279 Sophie	Lord	Saffron AC
5	268 Felicity	Galbally	Southend AC
6	289 Euphemia	Scott	TVH
7	263 Cristina	Potter	SBH

200m Race 10

			Wind : -0.3
1	321 Leanza	Dwaah	N/A
2	351 Kera	Jean-Francois	S Factor
3	269 Oskar	Legg	Southend AC
4	350 Shanice	Morgan-Lynch	S Factor
5	342 India-Coker	Garrett	S Factor
6	314 Katie	Egerton	HAWCS
7	304 Helene	Kehoe	London Heathside

110m Hurdles

			Wind : 0.6
1	257 Kasiars	Kazemaks	Woking AC
2	6 Bilen	Ahmet	Achilles

1500m

1	82 George	Groom	SBH
2	298 James	Millett	Highgate Harriers
3	83 Thomas	Patrick	SBH
4	99 Haydn	Williams	Stevenage&North Herts
5	400 Euan	Brooms	N/A
6	81 Dylan	Micheal	SBH
7	316 Maayan	Radus	SBH
8	100 Ralph	Williams	Stevenage&North Herts
9	399 Rhys	Feaviour	Hillingdon

Long Jump

			Pool 1
1	3810 Joseph	Dewar	Woodford Green
2	1 Ogo	Anochirionye	TVH
3	257 Kasiars	Kazemaks	Woking AC
4	252 Joel	Wynter	ESM
5	256 Lewis	Thorn	Braintree District

Long Jump

			Pool 2
1	324 Henry	Damon	London Heathside

2	325 Julien	Gittens	Leeds City
3	6 Bilen	Ahmet	Achilles
4	278 Temi	Erinoso	NEB
5	310 Helen	Hanstock	Achilles
6	341 Max	Harbord	Kent AC
7	312 Elby	Cinnamond	SBH
8	338 Fuad	Busoir	S Factor
9	334 Louis	Davis	SBH
10	279 Sophie	Lord	Saffron AC
11	268 Felicity	Galbally	Southend AC
12	348 Ornella	Adjadi	S Factor
13	343 Rosalind	Zeffertt	SBH
14	351 Kera	Jean-Francois	S Factor
15	350 Shanice	Morgan-Lynch	S Factor
16	342 India-Coker	Garrett	S Factor
17	344 Noeilla	Muse	S Factor

Triple Jump

			Pool 1
1	6 Bilen	Ahmet	Achilles
2	389 Jordan	Townsend-Simpson	SBH

Triple Jump

			Pool 2
1	87 Tolu	Ayo-Ojo	Camberley
2	305 Lilian	Cottrell	Harrow AC

High Jump

1	2640 Shayne	Dewar	Woodford Green
2	6 Bilen	Ahmet	Achilles
3	324 Henry	Damon	London Heathside
4	387 Theodora	Spathis	EHAC
5	327 Yisrael	Parkius	S Factor
6=	3040 Laurel	Phelan	Hunts AC
6=	395 Molly	Jarvis	Watford
8	312 Elby	Cinnamond	SBH

Pole Vault

1	257 Kasiars	Kazemaks	Woking AC
2	6 Bilen	Ahmet	Achilles
3	3900 Sophie	Dowson	Harrow AC
4	3380 Jade	Spencer-Smith	Harrow AC
5	3370 Richard	Phelan	Hunts AC
6	3670 Sophie	Fung	Harrow AC
7	3600 Elliot	Breen	Herts Phoenix
8	3390 Alexander	Barrett	Harrow

Javelin

1	357 Gaith	Taha	Marshall Milton Keynes
2	358 AJ	Kikwera	EHAC
1	98 Izzy	Krassismenou	EHAC

2	90 Felicia	Rudolfo	EHAC
3	310 Helen	Hanstock	Achilles
1	86 Micheal	Miller	SBH
2	89 Daniel	Kendall-Troughton	SBH
1	87 Tolu	Ayo-Ojo	Camberley
2	99 Haydn	Williams	Stevenage&North Herts
3	399 Rhys	Feaviour	Hillingdon
4	100 Ralph	Williams	Stevenage&North Herts
1	85 Klaudia	Debreczeni	SBH
2	390 Jessica	Emery	Watford Harriers
	Shot		
1	257 Kasiars	Kazemaks	Woking AC
2	6 Bilen	Ahmet	Achilles
1	387 Theodora	Spathis	EHAC
2	319 Anne-Christine	Scherer	London Heathside
3	310 Helen	Hanstock	Achilles
1	273 Steve	Whyte	TVH
1	94 Izaiah	Turner	Heathside
1	258 Tony	Richards	Croydon
2	96 Robert	Maggio	Loughton
1	395 Molly	Jarvis	Watford
2	274 Sophia	Whyte-Mckenzie	Luton AC
1	279 Sophie	Lord	Saffron AC
	Hammer		Pool 1
1	253 Stuart	Thurgood	HHH
1	255 Paula	Peaty	NEB
1	261 Thomas	Head	NEB
2	273 Steve	Whyte	TVH
3	286 Joey	Watson	WSEH
1	302 Billy	Praim-Singh	SBH
1	285 Harrison	Wall	WSEH
1	260 Katie	Head	NEB
	Hammer		Pool 2

1	340 Krisztina	Black	Bournemouth AC
1	285 Harrison	Wall	WSEH
1	274 Sophia	Whyte-Mckenzie	Luton AC
	Discus		Pool 1
1	307 Devon	Douglas	Woodford Green
2	280 Anthony	Soalla-Bell	SBH
1	286 Joey	Watson	WSEH
1	258 Tony	Richards	Croydon
1	285 Harrison	Wall	WSEH
	Discus		Pool 2
1	307 Devon	Douglas	Woodford Green
2	257 Kasiars	Kazemaks	Woking AC
3	6 Bilen	Ahmet	Achilles
1	390 Jessica	Emery	Watford Harriers
2	94 Izaiah	Turner	Heathside
3	395 Molly	Jarvis	Watford
4	270 Evie	Anderson	Southend AC
1	89 Daniel	Kendall-Troughton	SBH
1	96 Robert	Maggio	Loughton
1	100 Ralph	Williams	Stevenage&North Herts
2	99 Haydn	Williams	Stevenage&North Herts
3	399 Rhys	Feaviour	Hillingdon

ETICS

Match Points

Men

Women

Shaftesbury

Achilles

Barnet

Achilles

40

25

8

U13B

06:25.74

SFACTOR

M50

24:11.08

M55

25:19.24

SM

26:25.63

M55

26:58.65

M55

28:26.01

M55

28:26.24

M70

29:05.71

M65

29:29.48

M65

30:40.96

U17W

30:51.12

W50

30:57.27

M70

31:25.77

M75

32:02.27

W55

32:06.17

M45

32:28.96

W45

33:02.14

SM

33:03.24

M55

34:16.62

M75

34:47.89

W45

34:53.07

W45

35:10.64

W45

36:33.86

M65

38:49.27

SM

53.63

SM

56.44

SM

57.88

4

SM

01:04.93

3

SW

01:02.73

SW

01:05.40

SM	02:01.16
U17M	02:04.84
M40	02:06.78
U15G	02:08.21
SM	02:13.09
SW	02:13.40

U15B	02:15.96
U13B	02:19.21
U13B	02:24.00
U13G	02:32.32
U13G	02:33.63

U17M	02:29.44	1
U13G	02:41.26	
U15G	02:42.65	
U13G	02:48.81	
U13G	02:49.10	
U13B	02:49.53	
U15G	02:49.62	

SW	12.38
U17W	12.72
U15G	12.89
U17W	13.03
SM	13.05
SW	13.22

U17M	11.02	
SM	11.03	4
SM	11.07	3
SM	11.20	
SM	11.36	
U20M	11.37	

SM	11.10	
SM	11.17	
U20M	11.33	
SM	11.34	
U20M	11.62	
U17M	11.68	1
SM	11.71	

U20M	11.42		
U17M	11.47	1	
M45	11.66		
SM	11.67		
SM	11.69		
SM	11.72		
U17M	12.01		
U20M	11.89		
SM	11.94		
SM	12.17		
U15B	12.18		
U15B	12.18	1	
U15B	12.45	1	
M40	12.23		
U17M	12.27		
SM	12.28		
SM	12.32		2
M35	12.56		1
U17M	12.75		
U15B	13.24	1	
U17M	11.99		
SM	12.69		
M45	13.26		
U20W	13.37	1	
SW	13.63		
SW	13.80		
U13B	13.81		
U17G	13.21		
U15G	13.25		
U15G	13.88	1	
M45	13.92		
U17W	14.01	1	
U15G	14.28	1	
U13G	14.96		
SM	12.02		
U17W	13.99	1	
U13G	14.31	1	
W50	14.51		
M60	14.62		
U13G	14.69	1	

W50	15.57		
U20W	15.98		
SM	48.95		
SM	49.52		
SM	49.60		
SM	49.66		
SM	50.06		
SM	50.08		
SM	51.03		
U17M	51.24	1	
M35	51.36		
SM	51.38		
SM	53.16		
SM	54.49		
U17M	54.85		4
M50	55.74		
M50	57.05		
SM	58.75		
U15B	01:00.36	1	
SW	01:01.82		
SW	01:02.10		
U17M	01:02.69	1	
SW	01:03.70		
W50	01:13.21		
U13G	12.41		
U13G	12.89		
SW	13.95		
SW	15.00		
M50	15.32		
SW	15.69		
U20M	22.49		
SM	22.70		
SM	22.82		4
SM	22.86		
U20M	23.37		
U17M	23.43		

SM	22.65		
SM	23.36		
M35	23.47		
SM	23.52		
U17M	23.84		
SM	23.72		
SM	23.73		
M45	23.85		
SW	23.87		
SM	23.88		
U17M	24.59		
U17M	24.82	1	
SM	24.42		
U17M	24.44		
SM	24.51		
M40	24.88		
SM	24.96		2
U15B	25.14		
U15B	24.64		
M50	24.88		
SW	24.99		
M35	25.12		1
U15B	25.68	1	
SM	26.05		
U15B	25.40	1	
U17M	26.63		
SM	26.68		
U17W	27.01		
U15B	27.18	1	
M45	27.53		
U17M	24.62		3
U17M	25.25		
U15B	27.33	1	
U17W	27.51		
U13B	28.32		
U17W	29.10	1	

U15B	27.22	1
U17M	27.34	
U15G	27.67	
U20W	28.33	1
SW	28.74	
U13G	29.01	
M60	29.25	

U15G	28.34	1
M45	28.90	
SW	29.16	
U13G	29.62	
U13G	29.86	
W50	29.88	
U13G	30.31	

U17G	27.74	
U17W	29.21	1
U13B	29.23	
U17W	29.24	1
U13G	30.85	1
U13G	32.52	
W50	32.73	

SM	16.45		
SM	19.08		4

U15B	04:14.86
U17M	04:21.84
U15B	04:44.44
U13B	05:23.72
U20M	05:32.29
U11B	05:35.45
U11G	05:46.40
U13B	06:03.58
U13B	06:08.07

U20M	6.79	-0.1
SM	6.76	-0.3
SM	6.07	-1.8
U17M	5.61	0
U17M	5.51	-0.7

	NWI	
U17M	5.81	

SM	5.47		
SM	5.45		4
SW	5.36		
SW	4.85		
U17M	4.63		
U13B	4.59		
U15B	4.48	1	
U13B	4.32		
U13G	4.20		
U13G	4.11		
U13G	3.72	1	
W50	3.61		
U17W	3.40	1	
U17W	3.39	1	
U13G	2.90	1	
U13G	2.90	1	
SM	12.26		4
U17M	10.77		3
U13B	9.38		
U15G	8.98		
U17M	1.75		
SM	1.70		4
U17M	1.70		
SW	1.65		
U15B	1.40	1	
SW	1.35		
U15G	1.35		
U13B	1.35		
SM	3.61		
SM	3.61		4
U17W	2.91		
U13G	2.81		
M50	2.81		
U15G	2.61		
U15B	2.51		
U15B	2.11		
SM	34.73		
SM	32.56		
SW	32.51		

SW	31.92		
SW	24.42		4
U15B	46.43		
U15B	28.72		
U13B	25.38		
U13B	22.86		
U13B	15.67		
U13B	15.07		
U15G	31.01		
U15G	23.32		
SM	11.99		
SM	9.34	4	
SW	12.14		
SW	9.58		
SW	9.10		4
M50	15.43 6kg		
U20	11.00		
M60	11.74 5kg		
M65	5.54		
U15G	7.18		
U15G	6.76		
U13G	6.86		
SM	50.45		
W45	39.19		
U20M	63.29		
M50	57.02		
U20M	48.78		
U17M	53.85		
U15B	31.15		
U15G	54.29		

W35	36.79	
U15B	31.85	
U15G	23.55	
SM	47.43	
M35	33.78	4
U20M	42.20	
M60	36.75 1kg	
U15B	24.51	
SM	45.91	
SM	33.51	
SM	25.36	3
U15G	29.72	
U20W	25.77	
U15G	20.05	
U13G	15.45	
U15B	22.58	
M65	16.41	
U13B	14.17	
U13B	13.78	
U13B	11.83	

Shaftesbury
Barnet

