

The Enfield Race Walking League was established in 1997 to promote the sport of race walking. The league consists of around 12 races throughout the year with points gained from the best 9 races counting towards the league table.

It is a friendly league with walkers of all abilities being most welcome.

We have a wide range of abilities participating ranging from recreational walkers through to National Champions and Olympians.

The League is managed and promoted by members of Enfield & Haringey AC's Race Walking Section however, participants are welcome from any club or even walkers who do not belong to a club.

Awards are presented at the end of the series each year to the highest placed individuals & teams.

Race distances vary from 3km up to Half Marathon with the majority being around 5 miles.

Most races are held on loops of 2.5 miles maximum so newcomers are most welcome to race part distance if required. Their times will be taken and points still earned towards the final table.

If you would like to find out more about the Enfield Race Walking League please contact enfieldleague@gmail.com a representative will get back to you as soon as possible.