

It was a crisp, dry and sunny morning for the second race of the year and the turnout of 25 the best for some time. Some familiar faces were missing, but five newcomers to the League received a warm welcome and seemed to enjoy the experience.

Prior to the start there was warm applause in memory of Ken Livermore, Mick Barnbrook and Bob Watts, who all passed away recently.

For Abigail Jennings fresh from yet another national title success indoors the previous week, it was more of a time trial than a race, but nevertheless a good workout. It was good to see Carl Lawton back on the roadside and Gary Smith back in action.

10km

1	Abigail Jennings	Aldershot FD	51.27	SW
2	Colin Harle	Belgrave H	62.23	M65
3	Maureen Noel	Belgrave H	64.39	W60
4	Mike George	unattached	66.52	M55
5	John Arthur	Ilford AC	67.46	M60
6	Susan Payne	Aldershot FD	71.53	W60
7	Katherine Smith	Aldershot FD	74.03	W60

3km

1	Tregan Checheku-Boarmah	B & Brom HAC	18.17	u15B
2	Lily Ann Cooper	Nkt Joggers	22.46	u13G

Trejan went on to complete 4km in 23.28

2km

1	Grace Andrews	Aldershot FD	13.19	u13G
2	Luke Eperon	B & Brom HAC	13.21	u13B
3	Tafara Nyoni	Aldershot FD	15.02	u13G

5km

1	Chik Ha Kwok	Metros RC	31.53	W45
2	Man Biu Lam	Metros RC	32.46	M65
3	Suzanne Bailey	Nkt Joggers	37.27	W60
4	Sheila Leavy	North Herts	40.10	W70
5	David Ainsworth ©	Ilford AC	47.21	M75

B Race Results**10km**

1	Trevor Jones	Steyning AC	60.52	M65
2	Ian Richards	Steyning AC	62.00	M75
3	John Borgars ©	Loughton AC	71.31	M75
4	Sue Barnett	Enfield HAC	72.09	W70

8km

1	David Hoben	Surrey WC	64.16	M70
2	Chris Flint ©	Surrey WC	65.04	M75

5km

1	Gary Smith ©	Enfield HAC	41.11	M65
2	Shaheda Arthur	Ilford AC	52.27	W60

Timekeeper/Recorders: Phil Welch, George Wilkinson, Tony Wilkinson & Tracey Wilkinson

Judges: Elizabeth & Simon Benson, Peter Cassidy & Shaun Lightman

Race Organiser: Tracey Wilkinson J/Runner: D.Annetts. Volunteers: John Hall



Photo by Dave Annetts

Virtual Result**10km**

1	Mark Williams	Birchfield H	57.32	M55
2	Cath Duhig ©	CA Millennium	69.37	W65
3	Marco Bernatzki	SuS Schalke 96	71.57	M50
4	Ken Connor	Lancashire WC	72.33	M55
5	Paul Gaston	Surrey WC	73.00	M75

5km

1	Jessica Wilton	Ashford AC	28.38	U20W
2	Chris Hobbs	Ashford AC	32.35	M65
3	Ron Penfold	Steyning AC	38.18	M80
4	Mick Graham	Belgrave H	39.00	M70
5	Karen Williams	Birchfield H	40.38	W70
6	Tony Perkins ©	Ilford AC	50.14	M70