

2019 ERWL Race 9
result

31st August

1	George Wilkinson	U20	EHAC	23:22.29	
2	Dave Annetts	M50	North Herts RR	24:07.10	
3	Maddy Shott	SW	Belgrave H	24:56.83	L1
4	Fransisco Reis	M55	Surrey WC	26:05.41	
5	Jacqueline Benson	U20	Ashford AC	28:58.70	L2
6	Chris Hobbs	M60	Ashford AC	29:05.41	
7	Steve Uttley	M60	Ilford AC	29:08.48	
8	Melanie Peddle	W50	Loughton AC	29:09.70	L3
9	Malcom Martin	M60	Surrey WC	29:32.30	
10	Graham Chapman	M60	Headington RR	29:59.52	
11	Martin Fisher ©	M50	Redcar RWC	30:32.45	
12	Simon Morgan	M50	Ilford AC	32:13.65	
13	Stuart Bennett ©	M60	Ilford AC	31:22.51	
14	Helen Middleton	W55	EHAC	31:25.95	L4
15	Grace Whittingham	U17	Ashford AC	31:29.36	L5
16	John Ralph	M60	EHAC	31:49.27	
17	Maureen Noel	W60	Belgrave H	32:27.17	L6
18	Sue Barnett	W65	EHAC	32:39.88	L7
19	Noel Blatchford	W70	Abingdon AC	33:17.96	L8
20	Alicia Drenda	W35	Belgrave H	33:20.69	L9
21	Tom Casserley	M80	EHAC	34:39.00	
22	Steve Whelan	M55	Headington RR	37:10.09	
<i>3km</i>					
23	Carla Fo	U13	Blackh/Brom	18:55.06	
24	Jonathan Ellerton	U15	Blackh/Brom	19:18.65	
25	Peter Hannell	M75	Surrey WC	22:54.22	
26	Bob Dobson	M75	Ilford AC	23:16.27	

ERWL ONE HOUR BADGE Walks – SUNDAY 29th SEPTEMBER 2019
Lee Valley Athletic Centre, N9 0ASA

**Badges awarded for first-timers achieving
Five, Six and Seven miles and plaques for Eight miles**

**Subject to sufficient support there will be an A and B category races
The event also incorporates the ESSEX championships**

**Entries in advance only, NO LATER THAN 21st SEPTEMBER
Name, age category, Club and A or B preference**

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