

2018 ERWL - 1st Fixture - 20th January QEII Playing Fields, Enfield

The 21st ERWL season got underway on 20th January in dismal conditions. Dave Annetts won comfortably from David Crane and international Masters champion Ian Richards.

Newcomer Maddy Shott (pictured) made a most promising debut with sub 45 minute performance to lead the ladies home and looks to have the potential to go far in the race walking discipline..

Ilford AC with ten walkers in action including five novices, four of which broke the hour, look set to make a serious challenge to regain the League title that they last held in 2008.

The next Fixture is on 17th February at QE11 Playing Fields, Donkey Lane, Enfield, EN1 3PL, **starting at 11.45am**. The main race 5 miles supporting races 1, 2, 3 and 4 miles.:



Five Miles

Men		© = Centurion - * = pb
1. David Annetts	(North Herts RR)	40.34 M50
2. David Crane	(Surrey WC)	40.57 M40
3. Ian Richards ©	(Steyning AC)	41.26 M65
4. George Wilkinson	(Enfield HAC)	*41.58 U17
5. Sebastian Parris	(Ilford AC)	42.14 SM
6. Graham Chapman	(Headington RR)	44.45 M60
7. Mark Culshaw	(Ilford AC)	48.17 M50
8. John Hall	(Belgrave H)	48.37 M65
9. Stuart Bennett ©	(Ilford AC)	50.00 M55
10. John Ralph	(Enfield HAC)	52.05 M60
11. David Kates ©	(Ilford AC)	52.13 M65
12. John Borgars ©	(Loughton AC)	52.15 M70
13. Gary Smith ©	(Enfield HAC)	53.24 M60
14. Shaun Lightman	(Surrey WC)	53.31 M70
15. Andrew Cox (Hillingdon AC)		54.48 M65
16. Paul King © (Belgrave H)		55.48 M65
17. Arthur Thomson	(Enfield HAC)	56.21 M80
18. Keith Shurlock	(Ilford AC)	56.57 M60
19. Peter Cassidy	(Loughton AC)	61.57 M75

Women		
1. Maddy Shott	(Belgrave H)	44.14 SW
2. Helen Middleton	(Enfield HAC)	48.27 W55
3. Melanie Peddle	(Loughton AC)	48.51 W45
4. Maureen Noel	(Belgrave H)	49.51 W55
5. Jacqueline Benson	(Ashford AC)	52.23 u20
6. Fiona Bishop	(Woking AC)	54.03 W55
7. Jan Bentley-Pearson	(Ilford AC)	56.15 W55
8. Rachel Lawless	(Ilford AC)	60.04 W55
9. Kathy Crilley ©	(Surrey WC)	62.32 W70
10. Anne Scurfield	(Ilford AC)	63.35 W60
11. Lesley Morris	(Ilford AC)	63.35 W55

4 miles		
MickBarnbrook ©	(Ilford AC)	56.11 M70
Dave Ainsworth ©	(Ilford AC)	56.20 M65

3 miles		
Tony Wilkinson	(unattached)	35.45 M55
Edward Trotter	(Ilford AC)	42.51 M65

2 miles		
Linda Mountford	(unattached)	21.01 W50
Val Mountford	(unattached)	24.45 W70