

2014 Enfield RWL - Meeting 1

5 miles

1. Callum Wilkinson	Enfield & H AC	38.54	u17
2. Fransisco Reis	Ilford AC	39.41	M50
3. Ian Richards ©	Steyning AC	40.21	M65
4. Trevor Jones	Steyning AC	42.51	M55
5. Steve Uttley	Ilford AC	43.23	M55
6. Jim Ball	Steyning AC	43.27	M50
7. John Hall	Belgrave H	44.49	M65
8. Steve Allen	Barnet & D AC	45.48	M55
9. John Ralph	Enfield & H AC	46.15	M55
10. Malcolm Martin	Surrey WC	47.08	M55
11. Stuart Bennett ©	Ilford AC	47.44	M55
12. Andy Cox	Hillingdon AC	47.46	M60
13. Arthur Thomson	Enfield & H AC	47.50	M75
14. Dan Maskell	Surrey WC	49.03	M65
15. Ken Bobbett	Hillingdon AC	49.08	M65
16. Shaun Lightman	Surrey WC	49.28	M70
L1. Maureen Noel	Belgrave H	49.36	W50
18. Paul King ©	Belgrave H	50.37	M60
19. Steve Kemp ©	Eastern Vets	50.43	M50
20. Gary Smith ©	Enfield & H AC	51.00	M55
L2. Anne Jones	Steyning AC	51.20	W55
L3. Helen Middleton	Enfield & H AC	51.53	W50
23. David Kates ©	Ilford AC	52.30	M65
24. David Delaney	Surrey WC	52.52	M70
25. John Borgars	Loughton AC	53.01	M65
L4. Fiona Bishop	Wokijg AC	53.11	W50
L5. Sue Barnett	Enfield & H AC	53.37	W60
28. Russell Vroobel	Hillingdon AC	53.44	M50
L6. Angela Martin	Surrey WC	54.47	W45
30. Peter Crane	Surrey WC	55.24	M65
31. Sean Pender ©	Enfield & H AC	55.47	M60
L7. Jo Miles	Hillingdon AC	56.01	W55
33. Richard McKenzie	Hillingdon AC	56.07	M45
34. John Brock	Southend AC	56.12	M60
35. Trevor Sliwerski	Surrey WC	57.17	M60
L8. Linda Spinks	Enfield & H AC	57.42	W45
L9. Norma Grimsey	Enfield & H AC	57.45	W55
L10. Cath Duhig	Ryston R	58.15	W55
39. Mick Barnbrook ©	Ilford AC	58.29	M70
40. Len Ruddock	Ilford AC	60.32	M60
L11. Kathy Crilley ©	Surrey WC	61.05	W65
L12. Jennie McDonald	Hillingdon AC	61.45	W45
43. Dave Ainsworth ©	Ilford AC	66.46	M65

LVAC 18th January

Under 13's 1km

George Wilkinson	Enfield & H AC	6.22
Daniel Spinks	Enfield & H AC	7.05

4km

Briony Fane	Lond Heathside	28.28	W55
Ramesh Kuharajan	Hillingdon AC	31.11	M35
Ken Livermore ©	Enfield & H AC	34.53	M80