

The Enfield Walker 2023

(Newsheet of the Walking Section of Enfield & Haringey AC)

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who apologises for any errors and who welcomes contributions and comments for future issues

Latest League news at <http://enfieldleague.weebly.com>

November (2)



ERWL Tables with one Fixture to Go

The League podium places with just one fixture to go look to be set, but not so the actual places. Melanie Peddle looks odds-on to retain her ladies title and in addition become only the second lady since Helen Middleton's triumph in 2017, to win the overall League title. However, the remarkable Sue Barnett is just about in striking distance should Melanie be unable to contest the final race on 2nd December.

Simon Morgan has narrowed the gap on his clubmate John Arthur to seven points in the men's competition. However, John does have a race in hand as indeed does John Borgars and Stuart Bennett, so all three can expect a decent hoick in points from the final race. Simon because he has already registered nine performances, can only expect a slight increase, if any, from the final race and could find himself edged of the podium.

Iford AC, thanks to their consistent and numerical turn outs dominated the Team contest. Enfield look safe in second place, but Loughton AC with only three scorers, have overtaken Ashford making the battle in the final fixture for third spot extremely close

To date 69 individuals from 20 clubs have participated in this year's live League. Eighteen from 12 clubs have raced virtually.
The report/results of the "96th EO7" Meeting" on 11th November have been circulated, but have been amended and appear overleaf.

Individual Tables

Ladies	Men	Virtual League (mixed)
1. 527/8 Melanie Peddle (55)	1. 503/8 John Arthur (60)	1. 486/10 Cath Duhig © (65)
2. 472/8 Sue Barnett (70)	2. 496/9 Simon Morgan (55)	2. 478/9 Mark Williams (55)
3. 444/10 Shaheda Arthur (60)	3. 452/8 John Borgars © (75)	3. 447/9 Marco Bernatzki (50)
4. 406/6 Jaqueline Benson (SW)	4. 441/7 Stuart Bennett © (60)	4. 389/9 Ron Penfold (80)
5. 405/7 Fiona Bishop (60)	5. 409/8 Dave Hoben (70)	5. 378/10 Tony Perkins © (70)
6. 395/6 Grazina Manzotti (50)	6. 349/5 Dave Annetts (55)	6. 337/8 Karen Williams (70)
7. 365/6 Maureen Noel (60)	7. 330/6 Tony Wilkinson (60)	7. 307.6 Richard Emsley (70)
8. 261/4 Penelope Cummings (45)	8. 323/6 Chris Flint © (75)	8. 294/7 Mick Graham (70)
9. 252/4 Abigail Jennings (SW)	9. 301/6 Dave Ainsworth (75)	9. 137/3 Diana Braverman
10. 232/4 lesley Morris (60)	10. 288/6 John Ralph (65)	10. 111//2 Keith Vallis

Team Table

1. Iford AC'	1884	503 Arthur J, 496 Morgan, 444 Arthur S & 441 Bennett.
2. EHAC	1322	472 Barnett, 405 Bishop, 286 Ralph & 158 May.
3. Loughton AC	1100	527 Peddle & 452 Borgars & 121 Corneciu
4. Ashford AC	1082	406 Benson, 277 Hobbs C, 208 Hobbs J & 191 Wilton
5. Surrey WC	922	409 Hoben, 323 Flint, 121 Reis & 69 Crane
6. Iford AC "B"	780	301 Ainsworth, 232 Morris, 198 Dyos & 49 Shillabeer

Next Fixture is the

2023 Finale 5000m Track Races

(RWA Permit applied for)

u13 2000m, u15 3000m, u20/Seniors 5000m

(start time: 10.45)

(start time: 11.15)

EAPB Certificate event

2nd December - 10.45am QEII, Donkey Lane, EN1 3PL

ENTRY ONLINE ONLY Now OPEN at <https://www.fabian4.co.uk> Before midnight on Thursday 30th November

If you have problems entering on line contact traceywilkinson17@aol.co.uk or 07532 397 528

The Virtual version of the "Finale 5" - Performances over the weekend of 2nd/3rd December to be registered with r.emsley@bopenworld.com before midnight on 3rd December stating name, club, time and Centurion No



Blue skies and sunshine, although on the chilly side made excellent conditions for racing, but not for standing about, so a special thanks to the officials for their contribution to the event's success. Being Armistice Day there was a start line quiet time of reflection for the fallen in the service of their country and of course the passing of the much respected Leaguer Noel Blatchford.

It turned out to be a historic edition of the race. Grazia Manzotti became the first woman in the long history of the event to win the overall race, which she did in convincing fashion. Perhaps not too surprising bearing in mind her recent medal haul in the Euro Masters championships. However, four more ladies crossed the finishing line before Mark Culshaw did to take the men's title.

Thanks to Belgravian John Hall a local resident, the Council had swept the course a couple of days previously and on the morning, John was out sweeping the course of any conkers that had fallen since.

Past winner Adrian James was on hand and joined the friendly atmosphere at the Presentation buffet where the prizes were handed out by Centurion Pam Ficken.

*Sophie Blundell and Lily-Ann Cooper with Pam Ficken
Photos by Dave Annetts*

**7 miles**

1	Grazia Manzotti	Tonbridge AC	64.30	W50
2	Melanie Peddle	Loughton AC	66.57	W55
3	Jaqui Benson	Ashford AC	69.53	SW
4	Penelope Cummings	Hern Hill H	71.09	W45
5	Maureen Noel	Belgrave H	73.28	W60
6	Mark Culshaw	Cambridge H	74.14	M55
7	Stuart Bennett ©	Ilford AC	75.26	M65
8	John Borgars ©	Loughton AC	79.27	M75
9	Fiona Bishop	Enfield HAC	81.14	W60
10	Sue Barnett	Enfield HAC	81.26	W70
11	John Arthur	Ilford AC	83.24	M60

5 miles

1	Sian Baum	Herne Hill H	59.37	W55
2	Lesley Hall	Ashford AC	61.06	W65
3	Sheila Leavy	N.Herts RR	67.38	W70

3 miles

David Ainsworth ©	Ilford AC	47.08	M75
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Youngsters mile

Lily Ann Cooper	Nkt Joggers	12.07	Gu13
Sophie Blundell	Nkt Joggers	12.07	Gu13

B Race Results**7 miles**

1	Ian Richards ©	Steyning AC	70.08	M75
2	Simon Morgan	Ilford AC	76.07	M55
3	Tony Wilkinson	unattached	80.55	M60

6 miles

1	Dave Hoben	Surrey WC	74.52	M70
2	Chris Flint ©	Surrey WC	75.06	M75
3	Stephen Cartwright	Gt. Bentley RC	77.46	M65

5 miles

1	Jon May	Enfield HAC	71.15	W70
2	Shaheda Arthur	Ilford AC	88.30	W60

Timekeeper/Recorders: Phil Welch, Pam Ficken & Tracey Wilkinson

Judges: E. & S.Benson, P.Cassidy, M.Graham & S.Lightman

Starter: John Hall Race Organiser: Tracey Wilkinson. J/Runner: D.Annetts

Virtual Result

Mark Williams	Birchfield H	7 miles	61.08	M55	Ron Penfold	Steyning AC	5km	37.47	M80
Cath Duhig ©	CA Millennium	7 miles	72.59	W65	Mick Graham	Belgrave H	5km	40.05	M70
Richard Emsley	Corby AC	7 miles	81.22	M70	Karen Williams	Birchfield H	5km	42.29	W70
					Tony Perkins ©	Ilford AC	5km	50.32	M70

Attendees at the ERWL Bernie Hercock funded First Aid Course on 4th November

Leaguers in Action To qualify for Leaguer Status an athlete must participate in a six ERWL fixtures in a calendar year.

Jack Fitzgerald Centenary Memorial Walks at Tilgate Park, Crawley on 4th November.

In the year that Jack Fitzgerald would have celebrated his 100th birthday, the Veterans AC hosted the eighth running of this event. The lake around which the course is based was once used as the test bed for Britain's water speed record attempt in the mid-sixties.

There was persistent heavy rain throughout the duration of the race and in the headline event over 9.52 km Leaguers Melanie Peddle was the overall winner and in second place Trevor Jones notched up his second victory in the event. Other Leaguers were Fiona Bishop 67.54, along with Chris Flint © and Stephen Cartwright who finished together in 76.24.

The race was held to raise funds for Blind Veterans UK, as a tribute to RAF fighter pilot Jack Fitzgerald.

VAC are always grateful for our judges and team of officials, especially in these difficult weather conditions, in particular Ron Penfold who is a local resident had been monitoring the state of the course up to the day before; in the end the usual loop was roughly halved and became out and back due to the flooded patches on the return half.

On the same day, two leaguers, Tony Bell 4th/31.54 and Dan Maskell 12th/37.34 were among the seventeen competitors in the **Lancashire WC's AGM 5km**. The race staged at Simister was won by Ken Connor in 27.28.

The second race in the **Ray Hall Track league** took place at Tonbridge School on 18th November and incorporated with only a fortnights notice, the Southern RWA championships. There was a good turnout with 28 starters including eleven who were aged under fifteen. Gareth Thomas (*Tonbridge AC*) 21.17.8 and Hannah Hopper (*Cambridge H*) 25.49.9 emerged as the 5000m winners with Leaguers Jonathan Hobbs 24.27.6 and Grazia Manzotti 26.44.8 occupying the third places in their respective categories. Melanie Peddle 4th/28.16.4, Jacqui Benson 6th/29.03.1 and Penelope Cummings 7th/30.04 also contested the ladies race, whilst David Crane 5th/25.52.5, the men's event

Forthcoming fixtures

9th December – 12 noon at Lewes Leisure Centre, BN7 2XG

“Ray Hall Winter Track League”

<https://meets.rosterathletics.com/public/competitions/details/about?id=24424> or details from noelcarmody@outlook.com

16th December - 11am at Broadbridge Heath, Horsham, RH12 3YS

“Steiny Christmas Track Races”

5km + YAG distances

Details from: Ron Penfold 01293 520506, Ian Richards 01903 504463 or Peter Selby 07721 747999

Looking ahead - the 2024 ERWL Opening Fixtures

13th January + 24th February

both at QEII, Donkey Lane, Enfield EN1 3PL

Distances: U13/2km u15's/3km u20/5km Sen 10km

Revised details of Noel Blatchford's Funeral

It is now to take place at **12:00 (noon) on Friday 1st December 2023** at St. Catherine's Church, Littleton, Winchester SO22 6QY. and will be followed by the burial in the nearby churchyard and from 13:30 a gathering at the Running Horse pub just across the road. It hasn't been possible to include a live feed of the funeral.

Andrew's address is: 79 Whitecross, Abingdon, Oxford, OX13 6BS

There is a tribute page for Noel including an opportunity to donate to one of Noel's favourite charities, the Air Ambulance. Please find the following link: <https://noelblatchford.muchloved.com>

This newsletter gives the briefest information about the ERWL. More detailed results and a broader perspective of the race walking scene is available from the *Race Walking Record*, the *Essex Walker* and *Heel and Toe*.

Race Walking Record

Published promptly at the end of each month.

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Essex Walker

Lots of local information

dave_ainsworth@yahoo.co.uk

Heel and Toe online

Australian publication out Tuesdays

stuwalks@yahoo.com.au